



Junior Club Code of Conduct

As a responsible athlete you will:

- Respect your Coaches and follow their instructions.
- Uphold the best values of sportsmanship and fair play
- Be responsible for your own needs including being organised, having the appropriate equipment and being on time
- Respect your fellow athletes and treat everyone equally
- Display courtesy and good manners towards others
- Not disrupt training sessions.

In addition, athletes, especially young athletes and vulnerable adults, should follow these guidelines on safe participation in athletics

- Notify a responsible adult if you have to go somewhere (why, where and when you will return)
- Do not respond if someone seeks private information unrelated to athletics such as personal information, home life information
- Never accept lifts in cars or invitations into homes on your own without the prior knowledge and consent of your parent/carer
- Use safe transport or travel arrangements
- Report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers and club Welfare officer as soon as possible.
- Report any suspected misconduct by coaches or other people involved in athletics to the club welfare officer as soon as possible