



Stamford Striders Juniors Attendance and Behaviour Policy

We want all our Juniors to enjoy their running and to get the best value from their training. Our Coaches plan and structure training with that as their main aim, and expect Junior Striders to attend, and behave well, at our training sessions

We recognise that there are times when any of our runners may be tired, unwell, injured or suffering from growing pains. As a general rule running does not make any of these symptoms better! We ask that you simply be aware of this and where appropriate take a week or two off.

Whilst all coaches at Stamford Striders have undertaken a First Aid course, we are not medical professionals. We will give advice to athletes and parents from gained knowledge of running injuries, however, in all circumstances we recommend you consult your doctor.

We would ask you to familiarise yourself with the Code Of Conduct we have for Junior members. We want running with Stamford Striders to be fun but, with the numbers attending we cannot tolerate bad behaviour disrupting the training of the rest of our Juniors.

Most instances of bad behaviour stem from children not wanting to attend. We will not be offended if an athlete decides that running is not for them, but please do not force them to come. It's not school!

If a child misbehaves parents will be informed and asked to deal with the matter away from the club. If the child's behaviour continues to be unacceptable at a further session parents will be asked to remain behind and assist the coaches to ensure that their child behaves correctly. If the child's behaviour still does not improve they may be excluded from the club either as a temporary measure or permanently. This decision rests solely with the coach on duty.